

VARMANIAM FOUNDATION

INSTITUTE OF VARMANIAM

DIPLOMA IN PULSE DIAGNOSIS (D.P.D)

SYLLABUS

VARMANIAM FOUNDATION

Kombavilai

Agastheeswaram Post - 629701

Kanyakumari District

Tamilnadu, India.

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SYLLABUS

PAPER –I VARMANIAM

Chapter 1

Introduction –history-divisions of varmaniam-philosophy: 96 thathuvangal-kalaigal-saram-panchasuthiram-panchapatchi.

Chapter 2

Introduction to Knoinilai:signs and symptoms –pulse reading-diagnosis-medicines.

Chapter 3

Introduction to kaya nilai:varmam(paduvarmam 12, thoduvarmam 96.....)-energy(flow of aattal)-ilakkumurai-adangal-suthiram.

Chapter 4

Introduction to odivumurivu: bones, muscles, blood vessels, nerves, ligaments, joints-management-treatment-types of bandages.

Chapter 5

Psychological concepts of varmaniam: meditation(for patients and therapists)-yoganilai-diagnosis of psychological disorders –treatment (nokkuvarmam and suthiram).

PAPER-II COMPUTER AND COMMUNICATION SKILLS.

PAPER -III ANATOMY AND PHYSIOLOGY .

PAPER –IV BASICS OF VARMANIAM PULSE SYSTEM

Chapter-I

Introduction-History-BASICS OF PRANAN ENERGY PATHWAY-Human Body divisions-Identification of they by NAADI

Chapter II

Mukkutram-VATHAM-PITHAM-KAPHAM –PULSE READING METHODOLOGY

Chapter III

Mukkutram Cycle-Mukkutram Mathirai :*VATHAM-PITHAM-KAPHAM-VATHA KUTRAM-PITHA KUTRAM-KAPHA KUTRAM-IRU KUTRAM-MUKKUTRAM.*

Chapter IV

Movement-Rate-Rhythm-Force Volume and tension-Temperature Hand holding techniques-Position for reading pulse.

Chapter V

Relation of kalaigal-Relation of saram-Relation of pranana-Relation to yogam-Relation of thathuvangal 96-Relation of pancha suthiram.

PAPER V – PRADHANAM.

Chapter –I

Introduction-Location of pulse-Connection with the body part -Character of 13 points-
Location of 13 pulse in relation to human body-NIH theory.

Chapter – II

Body divisions by Varmaniam.

Chapter – III

SURYA PRAHDHANAM

Chapter – IV

NADUVIDA PRADHANAM

Chapter – V

CHANDRA PRADHANAM

Chapter VI

Diagnosis of Pathological conditions.