VARMANIAM FOUNDATION

INSTITUTE OF VARMANIAM

DIPLOMA IN PULSE DIAGNOSIS (D.P.D)

SYLLABUS

VARMANIAM FOUNDATION
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INSTITUTE OF VARMANIAM

DIPLOMA IN PULSE DIAGNOSIS (D.P.D)

SYLLABUS

PAPER –I VARMANIAM

Chapter 1


Chapter 2

Introduction to Knoinilai: signs and symptoms – pulse reading-diagnosis-medicines.

Chapter 3

Introduction to kaya nilai: varmam (paduvarmam 12, thoduvamam 96………)-energy(flow of aattal)-ilakkumurai-adangal-suthiram.

Chapter 4

Introduction to odivumurivu: bones, muscles, blood vessels, nerves, ligaments, joints-management-treatment-types of bandages.

Chapter 5

Psychological concepts of varmaniam: meditation(for patients and therapists)-yoganilai-diagnosis of psychological disorders –treatment (nokkuvarmam and suthiram).
PAPER-II COMPUTER AND COMMUNICATION SKILLS.

PAPER-III ANATOMY AND PHYSIOLOGY.

PAPER-IV BASICS OF VARMANIAM PULSE SYSTEM

Chapter I
Introduction-History-BASICS OF PRANAN ENERGY PATHWAY-Human Body divisions-Identification of theky by NAADI

Chapter II
Mukkutram-VATHAM-PITHAM-KAPHAM-PULSE READING METHODOLOGY

Chapter III
Mukkutram Cycle-Mukkutram Mathirai: VATHAM-PITHAM-KAPHAM-VATHA KUTRAM-PITHA KUTRAM-KAPHA KUTRAM-IRU KUTRAM-MUKKUTRAM.

Chapter IV
Movement-Rate-Rhythm-Force-Volume and tension-Temperature Hand holding techniques-Position for reading pulse.

Chapter V
Relation of kalaigal-Relation of saram-Relation of pranan-Relation to yogam-Relation of thathuvangal 96-Relation of pancha suthiram.
PAPER V – PRADHANAM.

Chapter -I

Introduction-Location of pulse-Connection with the body part -Character of 13 points- Location of 13 pulse in relation to human body-NIH theory.

Chapter – II
Body divisions by Varmaniam.

Chapter – III
SURYA PRAHDHANAM

Chapter – IV
NADUVIDA PRADHANAM

Chapter – V
CHANDRA PRADHANAM

Chapter VI
Diagnosis of Pathological conditions.